



# The Center Newsletter

December 2025



## A Warm Hello from Our Staff

"Snow" glad to have you join us this December! As the year wraps up, let's jingle all the way through our holiday with fun, laughter, and a little extra dessert. Stay warm, stay merry, and remember—frostbite is out, but Frosty the Snowman is in!

### Special Events

December 2 Card Making: Let's craft Christmas cards to spread some holiday cheer.

December 4 Winter Wishes: Join us at Legacy Arena for a festive afternoon of music and cheer.

December 15 Caroling Around the County: Lets lift our voices and sing joyful and festive songs to Thank our community for continued support throughout each year.

December 23 Christmas Trivia: Test your holiday knowledge and have a jolly good time! Fun questions, friendly competition, and maybe a few surprises await –let's see who's the ultimate Christmas champ!

### BINGO Schedule

Friday, December 26th.....Bingo with Gentiva

### READY, SET, GO...

Join us for our Annual Pancakes and Pajamas event at Golden Corral. Must sign up with Program Assistant to attend as well as get your own transportation to Golden Corral. Center buses will take you to center then home.

**Please register for activities by completing a mini calendar or by**

**calling 770-489-3106**

# Fairburn Road Senior Center

6287 Fairburn Road, Douglasville, GA 30134

**Phone: 770-489-3106**

frsc@douglascountyga.gov

# DECEMBER 2025

Activities on the calendar followed by an "\*", have a fee to participate.

Activities listed below in **bold** please register to participate.

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> 10:30 Bowling* 11:00 Christmas Karaoke 12:00 Lunch 1:00 Walmart Shopping	<b>2</b> 10:00 Coffee Social <b>10:30 Card Making</b> 11:30 Breathe & Stretch 12:30 Lunch	<b>3</b> <b>9:30 Rhyme &amp; Shine Poetry</b> 10:30 Coffee Social <b>11:00 Group Self-care</b> 12:30 Lunch	<b>4</b> 10:30 Coffee Social <b>11:00 Winter Wishes @ Legacy Arena</b> <u><b>PLEASE WEAR FESTIVE ATTIRE</b></u>	<b>5</b> 10:30 Coffee Social 10:30 Silver Fox Fitness 11:30 Caroling Rehearsal 12:30 Lunch
<b>8</b> 10:30 Coffee Social 10:30 Bowling* <b>11:00 Holiday Craft</b> 12:30 Lunch	<b>9</b> 10:30 Coffee Social 11:00 Music Jam 11:30 Bands & Dance 12:30 Lunch	<b>10</b> 10:30 Coffee Social 10:30 Bible Discussion 11:30 Caroling Rehearsal 12:30 Lunch	<b>11</b> 10:30 Coffee Social 10:30 Reindeer Games 12:00 Dec. Birthdays 12:30 Lunch	<b>12</b> <b>Pancakes and Pajamas</b> 8am-10am <i>Option of wearing your festive Pajamas</i>
<b>15</b> 10:30 Coffee Social <b>11:00 Caroling Around the County</b> 11:00 Line Dance 12:30 Lunch	<b>16</b> 10:30 Coffee Social 10:30 Nutrition 11:30 Breathe & Stretch 12:30 Lunch	<b>17</b> 10:30 Coffee Social 10:30 Advisory 11:00 Wellness Wed. 12:00 Calendar Sign-up 12:30 Lunch	<b>18</b> 10:30 Coffee Social 11:00 Movie day 12:00 Lunch 1:00 Kroger Shopping	<b>19</b> 10:30 Coffee Social 10:30 Silver Fox Fitness 12:00 Lunch
<b>22</b> 10:30 Coffee Social 10:30 Bible Discussion 12:30 Lunch 11:00 Christmas Word Search	<b>23</b> 10:00 Coffee Social 10:30 Christmas Trivia 11:30 Bands & Dance 12:30 Lunch	<b>24</b> <i>Closed</i> <i>Merry Christmas</i>	<b>25</b>	<b>26</b> 10:30 Coffee Social 1030 Board Games 11:30 Bingo with Gentiva 12:00 Lunch
<b>29</b> 10:30 Coffee Social 11:00 Movie day 12:30 Lunch	<b>30</b> 10:30 Coffee Social 11:30 Breathe & Stretch 12:30 Lunch	<b>31</b> 10:30 Coffee Social <b>11:00 New Years at Noon Party</b> 12:30 Lunch		

# What's the Buzz...

## OUTREACH

We will deliver our donated diapers to a local nursery.

Dec. 10th

## This Month in History:

- Rosa Parks refused to give up her seat on a bus, sparking the Montgomery Bus Boycott.
- Pearl Harbor was attacked, leading the U.S. into World War II.
- The first Nobel Prizes were awarded in Stockholm, Sweden.
- The Wright brothers made their first successful powered flight in Kitty Hawk, North Carolina.
- Winter Solstice, the shortest day of the year in the Northern Hemisphere.
- Christmas Day is celebrated around the world with festive traditions.
- The world prepared to welcome the year 2000, celebrating the turn of the millennium.

## December Spotlight: Happy Birthday

- Debra B. 12/11
- Lillie M. 12/16
- Victoria D. 12/23
- Carol A. 12/25
- Lydia G. 12/26
- Glenndera S. 12/29
- Joyclyn M. 12/31

## MOVIE DAY



Center will host two movie days. A traditional Christmas movie will be shown on Dec. 18<sup>th</sup>. Center participants will select movie for Dec. 29th

**Please register for activities by completing a mini calendar or by calling 770-489-3106**

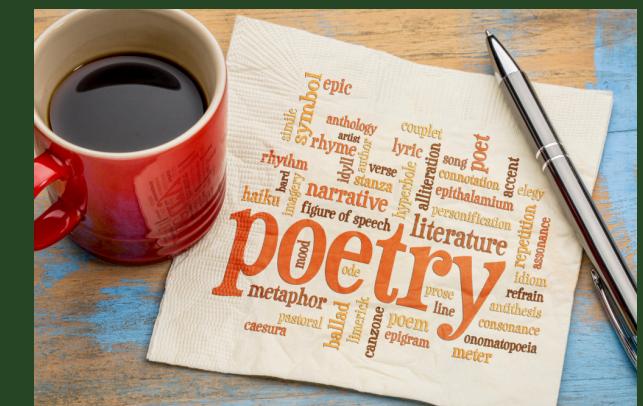
## Dec 15th... Carol Around the County

It's the most wonderful time of the year again. Join the Fairburn Road Carolers as they spread some holiday cheer. This year we will visit Arbor Place Mall, Benton House, and The Sherrifs Department. Please sign up if you would like to sing with the group. Rehearsal's will be the following dates:  
December 5<sup>th</sup> @ 11:30am  
December 10<sup>th</sup> @ 11:30am

## Dec 3rd... Rhyme & Shine

Start your morning with creativity and connection in Rhyme & Shine: a lighthearted poetry class where words flow and imaginations grow! Whether you're a seasoned poet or just love to listen and share, this welcoming group offers a fun, relaxed space to express yourself, explore different styles, and enjoy the rhythm of language together. Let your creativity shine—one rhyme at a time!

Supplies needed: Pen, Journal, and creativity.



## Dec 11th... Reindeer Games

Get ready to dash, dance, and laugh your jingle bells all the way! Join us for a day full of fun games, cheerful music, and cozy hot cocoa. Test your skills with festive challenges, groove to your favorite holiday tunes, and warm up with a sweet cup of cocoa in hand. It's the perfect way to spread holiday cheer and make memories with friends!



Be on the lookout....

**Special Themed days:** These days present an opportunity to get festive, creative, or simply a little silly. Show your center spirit by participating in this months theme: Pajama Day. Wear a festive pair of pajamas to our Pancakes and PJ's day at Golden Corral.

Activities with a start time before or after normal transportation hours must arrange their own transportation to or from the center.

See Calendar for program start times.

# In other news...

Not quite 60 years of age and looking for fun and active programs, but don't know where to start? Below is a listing of other Douglas County centers. You can also view activity calendars by going to <https://www.douglascountyga.gov/304/Senior-Services>.

## Woodie Fite Senior Center

8750 Dorris Road  
Douglasville, Ga 30134  
678-626-5630

**Hours of Operation:**  
Monday-Friday  
8:00am-5:00pm



**Music Jam:** Bring back the good ole days. Open to anyone who plays a musical instrument or brings cds of music they like to listen too. Open audience.

**Group Therapy:** A supportive group therapy space where we explore a variety of meaningful topics each month –from coping with change and managing stress to relationships, self-care, and life transitions. Led by center member in a safe and confidential setting, this group encourages open discussion, shared experiences, and mutual support. Come connect, reflect, and grow together. **MUST REGISTER**

**Stitch Happens:** Come together to share crochet patterns and stitch more than just a crafty blanket, but stitch lasting friendships.

**MUST REGISTER**

**Just Bead It:** Learn how to create beautiful bracelets, necklaces, and more while improving hand-eye coordination and expressing your personal style. Whether you're a beginner or a seasoned crafter, you'll enjoy great conversation, a peaceful atmosphere, and sparkling results! **MUST REGISTER**

## Lithia Springs Senior Center

7301 Groovers Lake Road  
Lithia Springs, Ga 30122  
770-920-7575

**Hours of Operation:**  
Monday-Friday  
8:00am-5:00pm

**Southern Lanes Bowling Alley**  
3931 Longview Drive  
Douglasville, Ga 30135  
678-403-2569  
Fee \$3.50

**New Mountain Top**  
7870 Smith Road  
Villa Rica, Ga 30180

**Center Staff:**  
Center Manager: Kim Smallwood  
Program Assistant: Marcole London  
Program Assistant: Su Bickham  
Wellness Coordinator: Diane George  
Secretary Specialist: Renea Wooten  
Culinary Manager: Vanessa Robinson

**Please register for activities by completing a mini calendar or by calling**

**770-489-3106**

Name: \_\_\_\_\_

Phone: \_\_\_\_\_

# DECEMBER 2025

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Activities listed below in **bold** please register to participate.

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

**1**

10:30 Bowling\*  
11:00 Christmas  
Karaoke  
12:00 Lunch  
1:00 Walmart Shopping

**2**

10:00 Coffee Social  
**10:30 Card Making**  
11:30 Breathe & Stretch  
12:30 Lunch

**3**

**9:30 Rhyme & Shine Poetry**  
10:30 Coffee Social  
**11:00 Group Therapy**  
12:30 Lunch

**4**

10:30 Coffee Social  
**11:00 Winter Wishes @ Legacy Arena**

**5**

10:30 Coffee Social  
**10:30 Silver Fox Fitness**  
11:30 Caroling Rehearsal  
12:30 Lunch

**8**

10:30 Coffee Social  
10:30 Bowling\*  
**11:00 Holiday Craft**  
12:30 Lunch

**9**

10:30 Coffee Social  
11:00 Music Jam  
11:30 Bands & Dance  
12:30 Lunch

**10**

10:30 Coffee Social  
10:30 Bible Discussion  
11:30 Caroling Rehearsal  
12:30 Lunch

**11**

10:30 Coffee Social  
10:30 Reindeer Games  
12:00 Dec. Birthdays  
12:30 Lunch

**12**

Pancakes and  
Pajamas  
8am-10am

**15**

10:30 Coffee Social  
**11:00 Caroling Around the County**  
11:00 Christmas Word Search  
12:30 Lunch

**16**

10:30 Coffee Social  
10:30 Nutrition  
11:30 Breathe & Stretch  
12:30 Lunch

**17**

10:30 Coffee Social  
10:30 Advisory  
11:00 Wellness Wed.  
12:00 Calendar Sign-up  
12:30 Lunch

**18**

10:30 Coffee Social  
11:00 Movie day  
12:00 Lunch  
1:00 Kroger Shopping

**19**

10:30 Coffee Social  
**10:30 Silver Fox Fitness**  
12:00 Lunch

**22**

10:30 Coffee Social  
10:30 Bible Discussion  
12:30 Lunch

**23**

10:00 Coffee Social  
10:30 Christmas Trivia  
11:30 Bands & Dance  
12:30 Lunch

**24**

*Closed*  
*Merry Christmas*

**25**

**26**

10:30 Coffee Social  
1030 Board Games  
11:30 Bingo with Gentiva  
12:00 Lunch

**29**

10:30 Coffee Social  
11:00 Movie day  
12:30 Lunch

**30**

10:30 Coffee Social  
11:30 Breathe & Stretch  
12:30 Lunch

**31**

10:30 Coffee Social  
**11:00 Billiards @ WF**  
1030 Cards Games  
12:30 Lunch

