



JANUARY ACTIVITY SCHEDULE

Woodie Fite Senior Center

8750 Cindy W. Chaffin Blvd, Douglasville, GA 30134, 678-626-5630

Activities are subject to change at anytime due to rescheduling, conflicts, and weather conditions.

SPECIAL EVENTS AND NEW CLASSES ARE HIGHLIGHTED IN BLUE
CHANGES IN ROOMS, DATES, AND TIMES ARE HIGHLIGHTED IN RED

www.DouglasCountyGA.gov

wpsc@douglascountygga.gov

CENTER CLOSED

NEW YEAR'S DAY – JANUARY 1, 2026 & M. L. King Jr Day - JANUARY 19, 2026

Fee	Monday Activities	Time	Notes
Free	Fiber Arts	9:30a-12:30p	Meeting Room 3
Free	Soul Line Dance w/Pam Gholston	10:00a-11:00a	Annex
Free	Corn Hole	11:15a-12:45p	Annex
Free	Functional Fitness (Annex) w/Sharon Wright	1:00p-1:45p	Annex
Free	Ping Pong	1:00p-3:00p	Ballroom
Free	BOOKMOBILE w/Kali Dallimer	1:00p-2:30p	January 26 th
Free	Beginner's Pickleball w/David Lyons (Annex)	2:00p-3:30p	January 12 th & 26 th
Free	Intermediate Pickleball w/David Lyons (Annex)	3:30p-5:00p	January 12 th & 26 th

Fee	Tuesday Activities	Time	Notes
Free	Qigong Shibashi (Annex) w/ Charlotte Wojnowiak	9:00a-9:45a	Annex
Free	Beginner's Tai Chi w/Lori Blain	10:00a-10:45a	Annex
Free	Penny Bingo	10:00a-12:00p	Ballroom
Free	Scrabble	10:00a-1:00p	Meeting Room 3
Free	Rummikub	1:00p-3:00p	
Free	Chip Poker	1:00p-4:00p	Meeting Room 2
Free	Open Art Studio	1:00p-4:00p	Social Lounge/Art Room
Free	Bid Whist	1:30p-4:30p	Ballroom
Free	Pinochle	1:30p-4:30p	Ballroom
Free	SPADES (Card Game)	1:30p-4:30p	Ballroom
Free	Pickleball (Beginner's Practice)	2:00p-3:00p	Annex
Free	Silver Fox Fitness (Session 1) w/ Sharon Ferguson	3:15p-4:15p	Annex



Fee	Wednesday Activities	Time	Notes
\$25	Country Line Dancing Intermediate w/ June Shuman	10:00a-11:00a	Annex 😊 🐦
Free	Pool Hall Mingle w/ Fairburn Road Members	11:00a-12:00p	January 28 th Meeting Room 1
Free	Corn Hole	11:15a-12:45p	Annex
Free	Book Club – “REMAIN” by Nichols Sparks & M. Knight Shyamalan	11:30a-12:30p	January 14 th Meeting Room 3
\$40	Zumba Gold w/Regina Roberts	1:00p-1:45p	Annex 😊 🐦
Free	Ping Pong	1:00p-3:00p	Ballroom
Free	Let's Get Crafty w/ Regina Roberts	2:00p-4:00p	Meeting Room 3
Free	Pickleball	2:15p-4:00p	Annex
Free	Chair Dancing w/Sher Harris	4:30p-5:15p	Annex

For your safety, **masks** are strongly encouraged. 🧴

Notice - To help ensure fairness, availability, and to be fiscally responsible for all, participants who registered for “**TWO**” events and did not attend will not be able to register for the next “**THREE**” events.

Fee	Thursday Activities	Time	Notes
Free	Qigong Shibashi w/Charlotte Wojnowiak	9:00a-9:45a	Annex
Free	Tai Chi Advanced Practice w/ Lori Blain	10:00a-10:45a	Annex
Free	SENIORSnTECH w/Nicholas “Nick” Bartley Digital Learning Program - (Android Mobile Device Basics)	10:00a-12:00p	Ballroom
Free	Chair Dancing w/Sher Harris (Annex)	11:15a-12:00p	Annex
Free	Leather Craft Class w/ Wayne Foster Due to popular demand, we kindly ask if you participated in the November or December class, please see a staff member to be added to the waitlist. This will allow other members the opportunity to enjoy the class experience.	11:15a-1:15p	<i>MUST register by Wednesday, Jan. 7th no later than 3:00 pm</i> Meeting Room 3 (Limited Space)
Free	Monthly Bingo	12:30p-2:30p	Thursday January 29 th Ballroom
Free	Monthly Movie Day- “HOLIDATE”	12:30p-2:30p	Friday, January 9 th Meeting Rooms 1 & 2
Free	Wood Carvers Club	2:00p -4:00p	Social Lounge/Art Room
Free	Pickleball	2:15p-4:00p	Annex

Fee	Friday Activities	Time	Notes
Free	Salsa Dance Class w/Phoenix (Phoenix Dance36)	11:00a-12:00p	January 9 th & 23 rd Annex
****	TOPS (Taking Off Pounds Sensibly)	10:30a-12:00p	Meeting Room 3 **Membership Plus Fees
Free	Step Aerobics w/Sharon Wright	1:00p-1:45p	Annex
Free	Open Art Studio	1:00p-4:00p	Social Lounge/Art Room
Free	Bible Study w/Lynette Heard	2:00p-3:30p	Meeting Rooms 1&2
Free	Silver Fox Fitness (Session 2) w/Sharon Ferguson	3:15p-4:15p	Annex
	Monday – Friday Activities	Time	Notes
Free	Fitness Room	8:00a-5:00p	
Free	Pool Table Open Play	8:00a-5:00p	Meeting Room 1

Fee	Special Events & Seminars	Time	Notes
Free	Seminar - GA SHIP Medicare w/ Janet Payne (Turning 65 in 2026, all you need to know about your Medicare Benefits & Eligibility)	10:00a-12:00p	Wednesday, January 14 th Ballroom
Free	Seminar – Estate Planning w/SR Law Group & Parkside Benefits Group w/Tina Brady	10:00a-11:00a	Wednesday, January 21 st Meeting Room 3
Free	The Chiro Place - Spinal Assessment w/ Meyshia	10:00a-12:00p	Thursday, January 22 nd Meeting Room 2

Saturday, January 17, 2026, the center will be open from 9:am-12:00pm

Functional Fitness w/ Sharon Wright – 9:30am-10:30am
Penny BINGO – 10:00a-11:30a (Ballroom)

***You must register for Saturday classes!**



Pay by January 9th to receive \$5 off early Bird Special for January classes.



Smiley Face indicates the class is covered under Silver Sneakers, One Pass & Renew Active Benefits.

Movie: **HOLIDATE**

Fed up with being alone on holidays, two strangers agree to be each other's platonic plus-ones all year long, only to catch real feelings along the way.
(Feel-Good, Romantic)

For your safety, **masks** are strongly encouraged.